CITY STOMP
I am going to State Theatre New Jersey in New Brunswick to see a show!
I will be going to the show with

We will have a lot of fun!
I will see a band called City Stomp. They will play some great songs!
I will go to the theater in a car.

I will get out of the car in front of the theater.

Or we will park nearby and walk to the theater.
I will go into the theater.
I will be in the lobby.

A helper called an usher will take my ticket and tell me where to go next.
I will walk up the stairs to the second floor.

The second floor looks like this.

There will be a bathroom close by I can use if I need to.
Then I will go up some more stairs into another room.

I will see the show in this room.
I can sit on a chair to watch the show.

Or I can sit up front on the floor.
If I get scared or things are too loud, I can cover my ears, use my iPad or my headphones, or squeeze a toy.

Or I can go take a break in a quiet area where I can sit, color, or do something else.
Before the show starts, someone will come out to talk.

They will say that we will get milk and a chocolate chip cookie after the show!

I will stay in my seat and listen while the person is talking.
Then the show will start!

I will see three musicians.

Kevin plays the guitar.
Adam also plays the guitar.
Ethan plays the drums.
The first song I will hear comes from Africa!

The song is called “Jambo Bwana.”

That means “Hello, sir.”

At the end of the song, Kevin, Adam, and Ethan will sing “Hakuna Matata.”

That means, “No problem!”
Then they will play “The Wheels on the Bus.”

I can sing along if I want to!
The next song I will hear is “Little Girl In The Ring.”

I can dance to the song if I want to.

I can dance in a circle with other people, or I can dance by myself.

Kevin, Adam, and Ethan will sing different people’s names in the song.

If they don’t sing my name, that’s okay.
Then I will hear a song about dinosaurs.

If I want, I can stomp around and roar like a dinosaur.
Kevin, Adam, and Ethan will play another song.

During this song, they will say when to jump and spin.

I can jump and spin if I want to.

Kevin will sing different people’s names in the song.

If he doesn’t sing my name, that’s okay.
Next, I will hear a song called “La Bamba.”

La Bamba is a fun dance!

I can dance to this song if I want to.
Then they will play “The Itsy Bitsy Spider.”

In the middle of the song, Kevin will count: “1, 2, 3, 4!”
Then they will play the song faster.

They will also play the music louder, but not too loud.

If I want, I can sing “The Itsy Bitsy Spider.”

I can do the hand movements, too.
Then I will hear a fun song about a bird in a nest in a tree.

If I want to, I can move my body around while the music is playing.

The music will get faster and faster.

It will get really fast!

I can try to move my body as fast as the music.
The next song I will hear is called “Iko Iko.”
It’s a really fun song to dance to.

I can dance if I want to.

Kevin will sing different people’s names in the song.

If he doesn’t sing my name, that’s okay.
The last song I will hear is the Banana song.

Kevin will show some fun moves to do with the song.

If I want, I can do the moves while Kevin sings the Banana song.
After the Banana song, the show will be over.

I can applaud to show I liked the show.
Then I will go down the stairs to the lobby.

In the lobby, I will get some milk and a cookie!
Then I will leave the theater and go home.

Going to a show is so much fun!
ENJOY THE SHOW!


Special thanks to Maria Arnold at Douglass Developmental Disabilities Center, advisor for State Theatre New Jersey’s Sensory-Friendly Performances.

Grant funding has been provided by the Middlesex County Board of Chosen Freeholders through a grant award from the Middlesex County Cultural and Arts Trust Fund.

Sensory-Friendly Performances made possible in part by

The Thomas and Agnes Carvel Foundation

The Wawa Foundation

Eden Autism is pleased to partner with State Theatre New Jersey to make the thrill of live theater accessible for individuals with autism.

Milk & Cookies Series sponsored by COLGATE-PALMOLIVE

Additional support provided by